

**Wednesday 15<sup>th</sup> July. Framilode, 4 miles.**

This 4mile circular walk on the Arlingham peninsular near Frampton on Severn, starts and ends at The Sun Inn in Upper Framilode. The Sun Inn is on the now disused Stroudwater Canal which used to link The River Severn with The River Thames. We start on the canal tow path, but soon move into pleasant, peaceful hay fields. After traversing a number of these we ascend Barrow Hill, a modest climb, to gain lovely views across The Severn and beyond. Descending the other side, we make our way along a very minor road and more fields to reach the river and The Severn Way footpath. This takes us along the river back to Framilode.

The going is good underfoot with a few easy stiles to negotiate. Bring drinks as you require for a mid walk break. Lunch afterwards is booked at The Sun.

Please contact Bev, the walk leader, on 07774068034 if you need to know more.